



# INCLUDE



monaco   
tourisme responsable



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# EDITORIAL

Inclusive tourism means meeting the needs of all our visitors.

Inclusive accessibility in tourism will benefit us all at some time or another: if we have a disability, even if only temporarily; when we travel with small children; as the population in general ages...

The Principality of Monaco bears this in mind as it constantly strives to improve its infrastructures.

This brochure on “Accessibility in the Principality” collates all of the information a reduced mobility visitor will need.

It complements the “Reduced Mobility Map” edited by Monaco’s Town Planning Department as well as the different brochures produced by the Tourism Department.

Monaco’s Tourism and Congress Board is at your disposal to answer any questions you may have.

We hope you enjoy your trip to Monaco.



Guillaume ROSE  
DIRECTOR



# GETTING TO MONACO



## BY PLANE

Nice Côte d'Azur International Airport connects the Principality of Monaco to over 86 destinations around the world.

In accordance with European Union regulations, Nice Côte d'Azur Airport offers special assistance to reduced mobility passengers.

To ensure you receive optimum service, contact the airline and the travel agency in charge of your flight 48 hours before your departure and then, when you arrive at the airport, make yourself known either via one of the outdoor service phones, or by going to an information desk or your airline's check-in desk.

You are advised to call on the service phone 2 hours before your scheduled take-off time.

You can consult the airport's punctuality goals on:

[www.nice.aeroport.fr/Passagers/INFOS-PRATIQUES/Besoin-d-aide/Passagers-a-mobilite-reduite2](http://www.nice.aeroport.fr/Passagers/INFOS-PRATIQUES/Besoin-d-aide/Passagers-a-mobilite-reduite2)

The service phones are fitted with detectors that link them to the Assistance Department. Someone will come and collect you from the phone booth and escort you to your boarding gate.

There are parking spaces reserved for the disabled in each of the airport's car parks.

Reduced mobility passengers are invited to use the closest car park to their terminal, or to be dropped off in the Kiss and Fly zone.

Free shuttles run between Terminal 1 and Terminal 2. They are equipped with telescopic ramps that enable wheelchair users to board and alight autonomously.

Each stop is announced over the sound system.

There are toilets for the disabled at the airport.  
[www.nice.aeroport.fr](http://www.nice.aeroport.fr)

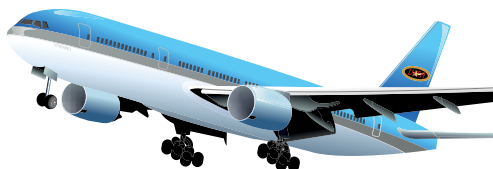
## BY BUS

The 110 Express shuttle is compatible with disabled and reduced mobility passengers.

For the best possible service, you are advised to contact the operator on the eve of your journey, stating the time you will be catching the bus and the name of the stop.

Phone: 0 800 06 01 06  
e-mail: cg06@cg06.fr

[www.niceairportxpress.com/qui-sommes-nous.html](http://www.niceairportxpress.com/qui-sommes-nous.html)



## BY TRAIN

Free assistance services at your departure and arrival stations are available through the "Accès Plus SNCF" programme. **You must reserve at least 48 hours before your departure.**

On the day in question, go to the ticket desk or a blue service phone at least 30 minutes before the train is due to depart.

Accès Plus SNCF :  
0890 640 650

[www.accesplus@sncf.fr](http://www.accesplus@sncf.fr)

Wheelchairs can be provided  
Boarding ramps and lifts

## BY TAXI

When you book your taxi, you are advised to **detail your specific needs (low car, big boot, etc.)** to ensure you receive optimum service and a suitable vehicle.

Booking a taxi is easy: download the "Taxi Monaco" app onto your Smartphone.

Central switchboard:  
+377 93 15 01 01 (24/7).

<http://www.taximonaco-prestige.com/>

## BY HELICOPTER

**For passengers landing at Nice Côte d'Azur Airport on a scheduled flight, two companies operate helicopter transfers to the Principality.**

The airline flying the passenger into Nice must organise assistance in advance with the company SAMSIC, which has been mandated by Nice Airport to cater for reduced mobility passengers.

[www.samsic-airport.com/fr/metier/aphmr.html](http://www.samsic-airport.com/fr/metier/aphmr.html)

## HELI AIR

Helicopter transfers: all transfers and flights to all destinations.

Sightseeing flights.

+377 92 050 050

[www.heliairmonaco.com](http://www.heliairmonaco.com)

## MONACAIR

Ground staff assist reduced mobility passengers and help them to board, and alight from, the helicopter. A wheelchair can be provided on arrival if necessary. Assistance is provided from the helicopter to the shuttle service.

**Booking procedure: please specify the degree of disability and the passenger's weight.**

+377 97 97 39 00

[www.monacair.mc](http://www.monacair.mc)



# GETTING AROUND THE PRINCIPALITY



## PUBLIC TRANSPORT

All bus routes in the Principality are accessible.

**All 42 public transport buses in Monaco are fitted with an access ramp for wheelchairs;** they also adjust their floor level for easier boarding and alighting. The 3 school buses in the fleet are not thus equipped.

At least one space is reserved in each bus for a wheelchair (the newest buses have two such spaces).

Seats are specially reserved and clearly identified for passengers who have difficulty standing (official card carriers).

CAM (Monaco's bus company) encourages its passengers to give their seat to a disabled, elderly or pregnant passenger or a passenger travelling with young children.

The name of the next stop is announced over the loud speaker and displayed on screens.

Information screens at the vast majority of bus stops inform passengers when the next buses are due. The same information can be given vocally (for the visually-impaired) if triggered by a Cotorita-type remote control.

The real-time Monaco Bus app from CAM makes bus travel easy. Available from the AppStore and Google-Play.

Contact : +377 97 70 22 22

[www.cam.mc](http://www.cam.mc)

## BOAT SHUTTLE

Get from one side of Monaco's port to the other in original style, then easy access to downtown Monaco and Monte-Carlo via public lifts.

The boat shuttle is wheelchair- and reduced mobility-friendly.

Contact : +377 92 16 15 15

[www.cam.mc](http://www.cam.mc)

[www.riviera-navigation.com](http://www.riviera-navigation.com)

## TAXIS, VANS, SUITABLE VEHICLES

Monaco's taxi vehicles can cater for passengers in a wheelchair or with reduced mobility.

**Simply specify your needs when booking (low car, big boot, etc.).**

Book a taxi 24/7 on  
+ 377 93 15 01 01

ATA MOBILITE is a company that specialises in transport for reduced mobility passengers.

Book 7 days a week on  
+377 97 98 01 30

[www.monaco-mobilites.wixsite.com/accueil](http://www.monaco-mobilites.wixsite.com/accueil)

### CAR PARKS

Most car parks in Monaco reserve parking spaces for reduced mobility vehicles. The Principality of Monaco has 46 public car parks totalling 178 reduced mobility parking spaces.

[www.monaco-parkings.mc](http://www.monaco-parkings.mc)





## ● YOUR STAY

### COLUMBUS MONTE-CARLO HOTEL

The Columbus is located in the Fontvieille neighbourhood, opposite the Princess Grace Rose Garden.

A set of stairs and a lift for reduced mobility guests lead to the reception area and the lobby.

A ramp is fitted on request for access to the restaurant.

There are lifts to the bedrooms and meeting rooms.

Nine suites are equipped with wide bathroom doors. Bath seats are available for bath tubs and toilets.

The showers in the Top Floor suites are compatible with walking frames.

+377 92 05 90 00

[www.columbushotels.com](http://www.columbushotels.com)

### MÉRIDIEN BEACH PLAZA HOTEL

The Méridien Beach Plaza is the only hotel in the Principality with a private beach. Its 397 rooms offer unrivalled comfort.

The hotel meets disabled standards. Its many lifts afford access to the hotel's beach, congress centre and other areas of the hotel. The bedrooms can be fitted to suit client needs.

+377 93 30 98 80

[www.lemeridienmonte-carlo.com/fr](http://www.lemeridienmonte-carlo.com/fr)

### MONTE-CARLO BAY HOTEL & RESORT

This resort stands on a two-hectare peninsula of gardens. The contemporary architecture houses 334 rooms, including 22 suites.

The Monte-Carlo Bay Hotel & Resort complies with a host of regulations for disabled access and several parking spaces in the indoor car park are specifically designed and reserved for disabled users.

The entire hotel is accessible to disabled guests.

Lift access to all floors is enhanced by an audible signal when the lift doors open, and information in Braille in the lift cabin.

The hotel bedrooms have been fitted out to comply with the regulations in force.

Indoor and outdoor leisure areas are also accessible to the disabled.

+377 98 06 02 00

[www.montecarlobay.com](http://www.montecarlobay.com)



### MONTE-CARLO BEACH

Recent renovation work at the hotel carefully protected its 1930s cachet.

The Monte-Carlo Beach is entirely accessible – both inside and out – to guests with reduced mobility. Wheelchairs are on hand.

Five bedrooms have been designed and equipped for reduced mobility guests.

+377 98 06 36 36

[www.monte-carlo-beach.com](http://www.monte-carlo-beach.com)

There is a lift at the main entrance, and all of the restaurants and bedrooms and the pool are accessible either directly or via ramps.

One of the lounges in the spa has been specially designed to be wheelchair-compatible.

+377 93 50 65 00

[www.fairmont.com/monte-carlo.com](http://www.fairmont.com/monte-carlo.com)

### MÉTROPOLE MONTE-CARLO

Located at the heart of Monaco's Golden Square, the Métropole Monte-Carlo Hotel offers top-class, tailored services to reduced mobility guests.

Disabled guests easily access the Lobby Bar and Joël Robuchon restaurants, and a ramp is fitted on request for access to the Yoshi restaurant.

The bedrooms, the Métropole Spa by Givenchy, and the Odyssey restaurant all boast lifts for wheelchairs.

The bathrooms in some of the suites can be fitted with ramps on request.

The hotel will satisfy all special requests pertaining to a disability if submitted when booking (renting and setting up a nursing bed, wheelchair, walking frame, etc.).

+377 93 15 15 15

[www.metropole.com](http://www.metropole.com)

### FAIRMONT MONTE CARLO

Like a luxury cruise liner, the Fairmont Monte Carlo seems to surge out of the waters of the Mediterranean.

Its unique architectural concept ensures that the entire building is accessible to reduced mobility guests (with the exception of the entrance on the 7th floor).

### HÔTEL DE PARIS

The Hôtel de Paris, located on the legendary Place du Casino since 1864, is currently being renovated.

It will offer disabled access (lifts, ramps, toilets) and specially converted rooms.

+377 98 06 30 00

[www.hoteldeparismonte-carlo.com](http://www.hoteldeparismonte-carlo.com)





## ● YOUR STAY

### HERMITAGE HOTEL

Each of the hotel's main entrances is accessible to the disabled, and there are disabled toilets in the Eiffel wing.

All bedrooms at the Hôtel Hermitage are accessible; 4 have been designed explicitly for disabled guests).

+377 98 06 40 00

[www.hotelhermitage.montecarlo.com](http://www.hotelhermitage.montecarlo.com)

### NOVOTEL MONTE-CARLO

The Novotel Monte-Carlo is just a stone's throw from Place du Casino and Monaco's railway station. It boasts reduced mobility access to the bar, restaurant and hotel garden.

6 bedrooms have been converted for reduced mobility guests.

The hotel lift also grants access to the meeting rooms.

+377 99 99 83 00

[www.novotel.com/fr/hotel-5275-novotel-monte-carlo](http://www.novotel.com/fr/hotel-5275-novotel-monte-carlo)

**Find more detailed information about accessibility to hotels and restaurants in the "Dream" brochure.**

### LES THERMES MARINS MONTE-CARLO

The Thermes Marins Monte-Carlo offers tailored treatments and thorough programmes involving hydrotherapy, manual relaxation therapies and technical treatments.

A harmonious blend of ancestral and cutting-edge techniques.

Level -2 of the establishment has been rendered wholly accessible to reduced mobility patrons thanks to the addition of ramps to the swimming pool, showers, changing rooms and toilets.

Level -3 has disabled toilets.

The pavements outdoors have been modified, and a wooden ramp grants access to hydrotherapy treatments and to the hair salon.

The building is entered via a lift, from which all floors of the establishment can be reached.

+ 377 98 06 69 00

[www.fr.thermesmarins.montecarlo.com](http://www.fr.thermesmarins.montecarlo.com)





# TOURIST ATTRACTIONS



Incoming agencies in the Principality can organise tailored tours on request.

Tours on foot favouring public lifts can be organised, or tours in a van or private car, depending on the specific disability.

**Information from the Tourism Department:**  
**+377 92 16 61 16**

An association called "Au coeur de ma ville" specialises in city tours on foot; it can compile circuits to accommodate specific disabilities:

+ 33 6 30 12 57 03

[www.monaco-rando.com](http://www.monaco-rando.com)

## INCLUSIVE TOURIST INFORMATION OFFICE

Take the gently sloping ramp to the Monaco Tourist and Convention Authority Welcome Desk, located at 2a Boulevard des Moulins.

There is a specially designed reception desk in the Tourist Information Office located in Monaco's railways station.

The various Tourist Information Desks dotted around town are also all accessible.

*Monaco Tourist and Convention Authority*  
2a Boulevard des Moulins  
+377 92 16 61 16

[www.visitmonaco.com](http://www.visitmonaco.com)

## GRAND TOUR OF MONACO

All of the "Monaco le Grand Tour - Hop on, Hop off" buses are reduced mobility compatible. Wheelchairs board and alight thanks to a removable access ramp. One spot with bindings on the floor is reserved for a wheelchair; two seats are reserved for reduced mobility passengers (who have priority).

[www.monacolegrandtour.com](http://www.monacolegrandtour.com)

## MONACO'S SIGHTSEEING TRAIN

One vehicle in the fleet has been specially fitted out. It is accessible on request.

Contact the ticket office opposite the Oceanographic Museum.

+377 92 05 64 38

[www.monacotours.mc](http://www.monacotours.mc)

## EXOTIC GARDEN & OBSERVATORY CAVE

This open-air garden overlooking the Mediterranean has housed the rarest species of tropical plants, cacti and other succulents for over 80 years.

Due to its topography, the only sections that are accessible to visitors in a wheelchair are the plateau located at the entrance and the exhibition hall.

The outstanding panorama of the Principality and the Riviera is accessible to all.

**Free entrance for visitors in wheelchairs and their helper.**

**Reduced price for disabled visitors (must present disability card).**

Pushchairs are not allowed into the garden (they can be left at the entrance).

NB: the entry ticket covers the Exotic Garden, the Observatory Cave and the Prehistoric Anthropology Museum (difficult access: many steps and a narrow section).

*Jardin Exotique*

62, Bd du Jardin Exotique

[www.jardin-exotique.mc](http://www.jardin-exotique.mc)

## PREHISTORIC ANTHROPOLOGY MUSEUM

The Prehistoric Anthropology Museum is located right in the centre of the Exotic Garden (visitors enter via the Exotic Garden). Not accessible to wheelchairs or pushchairs due to stairs (whether entering via the Exotic Garden or from the other side, via the New National Museum of Monaco).

**A ticket to the Exotic Garden also includes entry to the Prehistoric Anthropology Museum.**

**There is also a ticket including the New National Museum of Monaco.**

*Musée d'Anthropologie Préhistorique*  
56, Bd du Jardin Exotique  
(entry from the Exotic Garden)

+377 98 98 80 06

[www.map-mc.org](http://www.map-mc.org)

## NEW NATIONAL MUSEUM OF MONACO (VILLA SAUBER/ VILLA PALOMA)

The New National Museum of Monaco hosts several exhibitions per year at each venue.

Its mission to showcase the Principality's heritage and its contemporary scene is fulfilled by embracing general themes: "Art and Territory" at Villa Paloma and "Art and Performance" at Villa Sauber.

**Villa Paloma is fully accessible, with a lift for reaching the second part of the garden, located slightly downhill.**

Villa Sauber is inaccessible to anyone in a wheelchair or with a serious physical disability as accessed via a flight of stairs.



# TOURIST ATTRACTIONS



Free entrance for disabled visitors.

*Nouveau Musée National de Monaco*

*Villa Paloma*

*56, Boulevard du Jardin*

*Exotique*

+377 98 98 48 60

*Villa Sauber*

*17, Avenue Princesse Grace*

+377 98 98 91 26

[www.nmnm.mc](http://www.nmnm.mc)

## OCEANOGRAPHIC MUSEUM

The Oceanographic Museum was constructed in 1910 by Albert I; it clings to the rock face.

From the very outset, the museum was dedicated to Art and Science. It now has a stock of over 6,000 fish specimen and boasts a shark lagoon and a turtle island. All year round the museum hosts temporary exhibitions and varied events.

Access for the disabled is organised on request alongside the main entrance.

Although it remains difficult to manoeuvre wheelchairs (and pushchairs) in some parts of the museum - such as, for example, the landing on level -1 – all in all the tour of the museum is possible and very enjoyable.

NB: the blind and visually impaired may enter with a guide dog.

A special pricing policy is applied to reduced mobility visitors with due certification.

*Musée Océanographique de Monaco*

*Avenue Saint-Martin*

+377 93 15 36 00

[www.oceano.mc](http://www.oceano.mc)



### HSH THE PRINCE'S COLLECTION OF VINTAGE CARS

A 5,000-m<sup>2</sup> exhibition located on the Terrasses de Fontvieille showcases almost one hundred cars that belonged to Prince Rainier III, a true fan of vintage automobiles.

The car collection is accessible to reduced mobility and disabled visitors. Dedicated toilet facilities and lifts are available.

Reduced price or free entry.

*Monaco Top Cars Collection*  
Les Terrasses de Fontvieille  
+ 377 92 05 28 56

[www.palais.mc/fr/la-collection-de-voitures-anciennes-1-27.html](http://www.palais.mc/fr/la-collection-de-voitures-anciennes-1-27.html)

### STAMPS AND COINS MUSEUM

Monaco's Stamps and Coins Museum exhibits the private collections of Prince Rainier III of Monaco, founder of the museum.

On display: rare historical stamps from Monaco, coins, medals and banknotes.

The museum is fully accessible.

*Musée des Timbres et des Monnaies*  
11 Terrasses de Fontvieille  
+377 98 98 41 50

[www.mtm-monaco.mc](http://www.mtm-monaco.mc)

### NAVAL MUSEUM

The Naval Museum exhibits over 250 marine artefacts and models of famous ships. Several pieces come from the private collection of HSH Prince Rainier III of Monaco.

The museum is accessible: a ramp can be placed at the entrance for wheelchairs.

*Musée Naval*  
Terrasses de Fontvieille  
Informations :  
+ 377 92 05 28 48

### LOUIS II STADIUM

The sports complex at the Louis II Stadium is accessible to visitors with reduced mobility or in a wheelchair.

The multi-sports stadium (athletics, football, etc.), the multi-sports gym and the nautical centre are all equipped with lifts and specially fitted seats and toilets for spectators.

Most of the sports complex is also accessible to all users.

The Louis II Stadium swimming pool has suitable changing rooms.

Guided tours of the sports complex are organised every year from May to October.

A suitable itinerary is mapped out for visitors with reduced mobility or in a wheelchair.

*Stade Louis II*  
7, Avenue des Castelans  
+377 92 05 40 21

[www.stadelouis2.mc](http://www.stadelouis2.mc)

### ZOOLOGICAL GARDENS

The Zoological Gardens were founded in 1954 by HSH Prince Rainier III; they offer exemplary comfort to almost two hundred and fifty animals representing approximately fifty different species.

The Zoological Gardens were built into the flank of Monaco's cliff (slight slopes), but the total itinerary can be covered in a wheelchair.

*Jardin animalier*  
Place du Canton  
+377 93 50 40 30

# TOURIST ATTRACTIONS



## CATHEDRAL

Monaco's cathedral was constructed in white stone from La Turbie in 1875, adopting the Roman-Byzantine style.

It houses the tombs of deceased Princes.

**Reduced mobility visitors can access Monaco's cathedral through the Saint Jean-Paul II side entrance.**

4, Rue Colonel Bellando de Castro

[www.cathedrale.mc](http://www.cathedrale.mc)

## SAINTE DÉVOTE CHURCH

The church of Sainte Dévôte is dedicated to the patron saint of the Principality and the royal family.

**Visitors with reduced mobility or in a wheelchair can access the church through the side entrance to the left of the building.**

1, Rue Sainte-Dévôte

## MONTE-CARLO CASINO

The Monte-Carlo Casino, which also houses the Monte-Carlo Opera House, was constructed in 1863 by Charles Garnier, who also designed the Paris Opera House.

**The building's reduced mobility lift is located at the main entrance on Place du Casino. It gives access to all of the gaming rooms.**

Disabled toilets are to be found at Buddha-Bar level.

Place du Casino  
+377 98 06 21 21

[www.casinomontecarlo.com](http://www.casinomontecarlo.com)

## THE PRINCE'S PALACE

The Palace of the Princes of Monaco is a private residence, but the State Apartments are open to visitors for part of the year.

**A flight of stairs leads to the State Apartments, rendering them inaccessible to wheelchairs.**

Place du Palais  
+377 93 25 18 31

[www.palais.mc](http://www.palais.mc)

## CHAPEL OF THE VISITATION

The Chapel of the Visitation harbours Barbara Piasecka-Johnson's 17th-century religious art collection.

**There are some small steps at the entrance; help is therefore required to access the chapel.**

Place de la Visitation  
+377 92 16 61 66









## — • OUT & ABOUT

### LARVOTTO BEACH

There has been a Handiplage site on Larvotto beach for over ten years now, thanks to the efforts of the Soroptimist Association. It enables bathers with a disability or reduced mobility to sample the joys of the sea!

The Handiplage site also boasts an audio-beach facility, comprising audible beacons that indicate one's position in the water. Blind and visually-impaired bathers can thus enjoy the pleasures of the sea without constraint and in total safety.

Young assistants are on hand to help reduced mobility bathers enjoy the sea.

A new shower has been added in the middle of the beach; its flooring has been carefully chosen to enable reduced mobility and disabled bathers to rinse off or cool down.

### GARNIER OPERA HOUSE

Three spots are reserved for reduced mobility visitors at shows inside the Garnier Opera House (operas, ballets, concerts, etc.).

**There is a lift to the right of the building for accessing the lobby. Once inside the casino, everything is on the same level.**

NB: the disabled toilets are located inside the casino near the gambling facilities.

Casino de Monte-Carlo  
+377 98 06 28 28

[www.opera.mc](http://www.opera.mc)





### ESPACE LÉO FERRÉ

The Espace Léo Ferré (formerly the Salle du Canton) is a recognised purveyor of culture within the Principality.

**The venue is accessible to members of the audience with reduced mobility, in all its configurations.**

Access is via the lift from the car park at the Fontvieille shopping mall, then through the bar.

If seat numbers are not allocated for the show, **spots are reserved on the front row for wheelchairs, with seats directly behind for the rest of the party.**

If the audience remains standing, a special gantry is set up to guarantee a clear view of the stage.

[www.espaceleoferre.mc](http://www.espaceleoferre.mc)

### RAINIER III AUDITORIUM

The Rainier III Auditorium is located in the famous F1 Grand Prix tunnel. The auditorium is home to the Monte-Carlo Philharmonic Orchestra and is one of its performance venues.

**The auditorium is accessible.**

*Auditorium Rainier III  
Boulevard Louis II  
+377 93 10 84 00*

### THÉÂTRE DES VARIÉTÉS

The Théâtre des Variétés hosts a stream of cultural events linked to the theatre, dance, music and film, as well as conferences, meetings and seminars.

**The theatre is accessible.**

*Théâtre des Variétés  
1, Bd Albert Ier  
+377 93 25 67 83*

### THÉÂTRE DES MUSES

The Théâtre des Muses with its one hundred red seats is a very welcoming venue.

**It is accessible to reduced mobility visitors and to wheelchairs on demand (please specify when booking).**

*45, Bd du Jardin Exotique  
+377 97 98 10 93*

[www.theatredesmuses](http://www.theatredesmuses)



## • OUT & ABOUT

### GRIMALDI FORUM

The Principality of Monaco's congress and cultural centre is a major player in the events world. The Grimaldi Forum Monaco is ISO 14001-certified for its commitment to sustainable development. Every year, the Grimaldi Forum Monaco hosts a hundred or so professional and cultural events that attract almost 250,000 visitors. It carries the "Monaco Welcome" label; excellent hospitality is written into its DNA.

In order to offer optimum comfort to reduced mobility visitors, the lifts in the Grimaldi Forum Monaco car park grant direct access to the esplanade outside the Forum and, via a gently sloping ramp, to the main entrance (the glass pyramid).

**All areas in the Grimaldi Forum Monaco that are open to the public are then accessible via lifts to every floor.**

The lifts are equipped with tactile floor numbering

for the visually-impaired, and a reachable control panel.

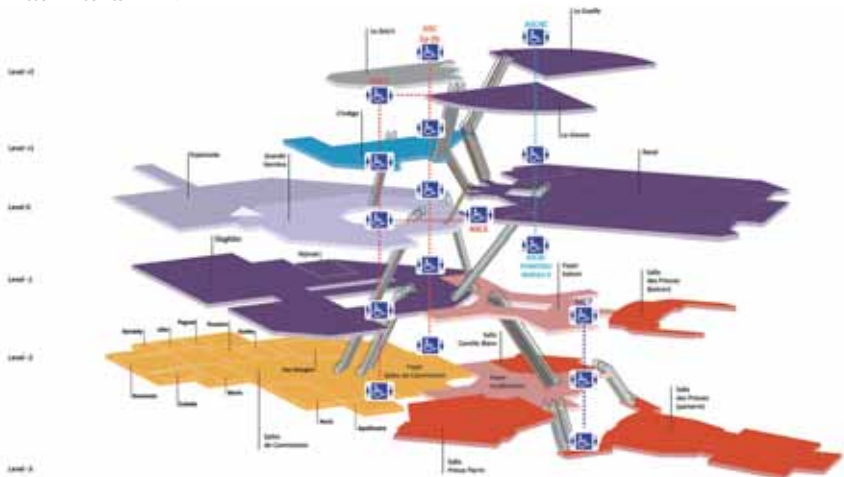
Public toilets include facilities for the disabled.

**When booking a show, mention your reduced mobility to the booking staff.**

All three auditoria have specifically accessible rows.

The hostess teams will also provide personalised assistance.

[www.grimaldiforum.com](http://www.grimaldiforum.com)



## RAINIER III NAUTICAL STADIUM & SAINT CHARLES SWIMMING POOL

Monaco's two municipal swimming pools (one open-air, the other indoors) boast specific facilities for reduced mobility visitors:

- spacious toilets and showers in the changing rooms, specific sinks, sliding hair dryers that are easy to use;
- a system for lowering bathers with reduced mobility into the water: a mobile system at the Rainier III Nautical Stadium and a fixed system at the Saint Charles Swimming Pool. Both are easy to use either by a helper or a member of the pool staff.

Reduced mobility swimmers who travel to the pool by car can reach the Saint Charles pool directly by lift from the car park.

[www.mairie.mc/poles/sports-et-loisirs/loisirs/stade-nautique-rainier-iii](http://www.mairie.mc/poles/sports-et-loisirs/loisirs/stade-nautique-rainier-iii)

[www.mairie.mc/poles/sports-et-loisirs/loisirs/piscine-saint-charles](http://www.mairie.mc/poles/sports-et-loisirs/loisirs/piscine-saint-charles)



# PARKS IN THE ● PRINCIPALITY OF MONACO



The information provided in this brochure complements the accessibility map for reduced mobility visitors published by the Town Planning Department.

## PRINCESS ANTOINETTE PARK

This park, studded with olive trees, has become a playground (games, swings, sand pit, etc.) and a sports facility for teenagers (multi-sports pitch, two badminton and tennis pitches, table tennis tables, etc.).

A swing in the shape of a huge saucer is a suitable for all children, including children with a disability. It is for children aged 2 and over who measure no more than 1m55.

Princess Antoinette Park is totally accessible to reduced mobility visitors.

Practically all areas have been resurfaced with asphalt.

**The only inaccessible area is the crazy golf course.**

[www.mairie.mc/poles/animations/les-autres/animations/le-parc-princesse-antoinette](http://www.mairie.mc/poles/animations/les-autres/animations/le-parc-princesse-antoinette)

## FONTVIEILLE LANDSCAPED ROSE GARDEN

The Princess Grace Rose Garden was created in 1984 at the initiative of HSH Prince Rainier III.

He wished to create a memorial to his wife, Princess Grace, who was passionate about flowers.



As part of its 30th anniversary celebrations, the Rose Garden was extended and landscaped over 5,000m<sup>2</sup>. 8,000 rose bushes were added representing approximately 300 different varieties.

There are three aspects to this Rose Garden:

- **Landscaping:** extending the garden and opening up its borders, removing lawns, and creating a 50m water wall.

- **Ecological:** in how it was created and how it is maintained. This area aims to be as environment-friendly as possible; it has been awarded the EVE (ecological area) label by the international environmental certification body Ecocert.

- **Educational:** the Rose Garden is organised into eight different themes that highlight: the history of the rose; the link this emblematic flower has with Monaco's royal family and other key figures; roses used in landscaping in towns; and innovations that have enhanced the evolution of modern roses with beauty and powerful fragrances.

The Rose Garden is accessible to visitors with reduced mobility or in a wheelchair. The slopes are not steep.

Disabled toilets are available.

[www.roseraie.mc](http://www.roseraie.mc)

## JAPANESE GARDEN

The most traditional Japanese garden in Europe lies by the sea in Monaco. The landscaped park contains pavilions where people can sit, a tea house, and a range of different features dotted around a lake.

It was designed by Japanese landscaper Beppu and features three of the fundamental components to be found in any landscaped garden: a flat surface (the lake in the centre); a high point (the waterfall); and a curved line (the winding path).

The Japanese Garden totals 7,000m<sup>2</sup> and constitutes an outstanding park at the foot of an urban landscape. It is a stylised copy of nature at large with its mountain, hill, waterfall, waterside and brook. Monaco's Japanese Garden embraces the strictest principles of the concept of compactness, dear to the Zen philosophy, and carries the EVE ecological label.

**Most parts are accessible to all.**

## SAINT-MARTIN'S GARDENS

This was the first park in the Principality to open to the public. In 1816, the population had survived the Revolution and the Empire but now had to face famine.

Prince Honoré V (1778-1841) decided to give his subjects employment by launching the construction of the first park. It stood on an abandoned piece of land clinging to the south-eastern cliff of the rock.

The park was revamped by the Prince's government between 1983 and 1986.

In terms of the palette of plants, the park is home to many Mediterranean, European and sub-tropical species that feel quite at home in the Principality's privileged climate.

The park accounts for a sizeable portion of the open-air museum that is made up of parks in the Principality. It constitutes a key site for the sustainable management of green areas and was one of the first to adopt environment-friendlier gardening techniques.

Saint-Martin's Gardens can be entered through the gate opposite the cathedral, or the entrance located on the square in front of the Oceanographic Museum.

**Caution: some slopes are steep.**



## ● SHOPPING

### MÉTROPOLE SHOPPING CENTER

Easy access from the shopping mall's car park, which has two reduced mobility parking spaces.

**Lifts grant access to all floors in the Shopping Center.**

From the street, take the lifts located on Avenue de Grande Bretagne.

*Métropole Shopping Center*  
1, Avenue des Citronniers  
+377 93 50 15 36

[www.metropoleshopping-center.com](http://www.metropoleshopping-center.com)

### CARREFOUR MALL & THE APOLLINE GARDENS

The Carrefour shopping mall is located in the Fontvieille neighbourhood and is easily accessible.

The new shopping area located in the Jardins d'Apolline is just a public lift ride away.

*Centre Commercial Carrefour Monaco*  
27, Avenue Albert II  
+377 92 05 57 00

### LA CONDAMINE - MARKET PLACE

The port area is extremely lively and packed with shops.

Rue Grimaldi and the pedestrian street (Rue Caroline) are both shopping streets on an incline. **Caution is thus required.**

Inside the market hall, stalls set up by fishmongers, butchers, bakers and delicatessens sell local produce as well as specialities from Monaco and the region.

Outside, you will find fruit and vegetable growers and florists as well as bar and restaurant terraces.







# TOUR ITINERARIES



The following three city tours will show you the essence of the Principality of Monaco in a few hours.

Each itinerary has been selected for maximum autonomy. However, presence of a helper is recommended.

## SUGGESTION NO.1 STARTING FROM THE EXOTIC GARDEN

*Full tour covering the main neighbourhoods and points of interest. This tour has been tested in an electric wheelchair.*

➔ **Exotic Garden:** Visit the accessible section of the garden (i.e. the first plateau). Admire the view from the plateau: panorama of the port, Roquebrune, Italy and downtown Monaco; Fontvieille, Cap d'Ail etc.

Catch **bus No.2** in front of the Exotic Garden all the way to the terminus (Le Rocher - Monaco-Ville).

➔ **Monaco-Ville:** Take one of the three roads leading to Place du Palais.

N.B.: **The Chapelle de la Miséricorde** (located on Place de la Mairie) is accessible.

**CHAPELLE MISÉRICORDE**  
**PLACE DU PALAIS (CHANGING OF THE GUARD)**  
**CATHEDRAL**  
**SAINT-MARTIN'S GARDENS**  
**OCEANOGRAPHIC MUSEUM**

**EXOTIC GARDEN**

Bus No.2  
Monaco-Ville  
(downtown  
Monaco)

Bus No.1 or 2  
Place d'Armes



➔ Admire the two panoramas on either side of the **Prince's Palace** (one of Fontvieille, the other of Port Hercule and the La Condamine neighbourhood, Monte-Carlo, Roquebrune, Menton and Italy).

➔ Head towards the Cathedral along Rue du Colonel Bellando de Castro (narrow pavement).

➔ Enter the **cathedral** through the Saint Paul entrance located on the left-hand side of the building.

➔ Advance along **Avenue Saint-Martin** until you reach the entrance to the park located on the square in front of the **Oceanographic Museum**. (NB: some slopes call for the assistance of a helper).

➔ Tour of the **Oceanographic Museum**: access for the disabled is put in place on request alongside the main entrance. The whole tour is possible (beware of some difficulties on level -1).

➔ Exit the Oceanographic Museum and continue along Avenue Saint-Martin. After the public toilets, continue up Avenue des Pins.

➔ Catch the **bus (No.1 or 2)** on Place de la Visitation and get off at the first stop: **Place d'Armes**.

From **Place d'Armes**, head along Boulevard Charles III to Place du Canton and **take the public lifts** on the left to go down to the **Fontvieille shopping centre**.

Alternatively, go on to Place du Canton.

➔ **Tour of Fontvieille and the museums on level 2B** (lifts in the shopping centre after the hair salon): **Naval Museum, HSH the Prince of Monaco's Collection of Vintage Cars, Stamp and Coin Museum, Zoological Gardens**.

➔ From the shopping centre, continue on to the **Rose Garden** (on the road or with bus No.6 from the shopping centre to the stop called Roseraie).

➔ Take bus No.6 again heading to Larvotto and get off at "**Terrasses du Casino**". Take Avenue de Monte-Carlo in the direction of the casino on **Place du Casino**.

## FONTVIEILLE MUSEUMS

(Naval Museum, HSH the Prince of Monaco's Collection of Vintage Cars, Stamp and Coin Museum, Zoological Gardens).

## ROSE GARDEN



Bus No.6  
Terrasses du Casino



## PLACE DU CASINO OPERA



# TOUR ITINERARIES



## SUGGESTION N° 2 – DEPARTING FROM MONTE-CARLO

This itinerary takes you through the Monte-Carlo district and its shops, before heading down to the coast and Larvotto beach, followed, if you so wish, by a tour of the Fontvieille neighbourhood.

➔ The New National Museum of Monaco / Villa Sauber is right by the lift door (NB: flight of stairs to entrance).

➔ The Grimaldi Forum Monaco is located right opposite Villa Sauber. It is a centre for congresses and culture, hosting numerous shows and exhibitions all year round.

➔ The entrance to the Japanese Garden is on the square in front of the Grimaldi Forum Monaco. Most areas are accessible to all.

➔ Take the Promenade des Champions between the Grimaldi Forum Monaco and the sea. This promenade pays tribute to the greatest names in football, including Platini and Maradona. See the footprints left by footballing stars.

➔ Continue along to Larvotto with its beach and nature reserve.

**There is a Handibeach zone during the summer season, near the clock.**

➔ Continue your tour with a visit to the Fontvieille neighbourhood. Catch bus No.6 (heading to Fontvieille) and get off at the Centre Commercial or Roseraie. Or head back up towards the Monte-Carlo neighbourhood and visit the casino (bus No.6 heading to Fontvieille, get off at Casino de Monte-Carlo).

### MONTE-CARLO

Boulevard des Moulins and the shops



### LARVOTTO

New National Museum  
Grimaldi Forum Monaco  
Japanese Garden



Promenade des Champions  
Larvotto beach



### SUGGESTION N° 3 – DEPARTING FROM FONTVIEILLE

#### Fontvieille, La Condamine and downtown Monaco

- ➔ For sports fans, this tour has to **start with the Louis II Stadium** (contact the Louis II Stadium for tour times) before continuing with the **Princess Grace Rose Garden**.
- ➔ Head towards level 1 of the Fontvieille shopping mall for access to a range of attractions (**Naval Museum, Stamp and Coin Museum, HSH the Prince of Monaco's Collection of Vintage Cars, the Zoological Gardens**).

➔ Lifts on the ground floor at the back of the **Fontvieille shopping mall** make the port area (and **La Condamine** neighbourhood) highly accessible.

➔ The **Place d'Armes** is a very pleasant spot, with its fruit and veg market in the morning, and various eateries.

➔ Stroll through the shops on **Rue Grimaldi**, the pedestrian street (**Rue Caroline**) and around **Port Hercule**.

➔ Several buses (1, 2, 4, 6) stop on the quayside, fanning out to various parts of the Principality.

#### FONTVIEILLE

Louis II Stadium  
Rose Garden  
Museums

#### CONDAMINE NEIGHBOURHOOD

Place d'Armes (Market)  
Port Hercule  
Shops on Rue Grimaldi and  
Rue Caroline



For further information, contact the Tourist Board's "Responsible Tourism" unit on +377 92 16 60 84



## ● PRACTICAL TIPS

### ➤ AMHM - Monaco's association for the physically disabled

Every year, the AMHM invites reduced mobility racing fans to attend the Formula 1 Grand Prix.

**It reserves a stand in downtown Monaco exclusively for people in wheelchairs.**

Contact them by e-mail at [amhm98000@gmail.com](mailto:amhm98000@gmail.com) or by mail from January, with a photocopy of your disability card (only one helper per person).

NB: the association can also recommend converted apartments for holiday-makers in wheelchairs. Weekly rentals located in the vicinity of Monaco (Cap d'Ail, Beausoleil).

Contact the association for details:

**AMHM**  
9, Rue Princesse Marie  
de Lorraine  
98000 Monaco  
+377 93 50 71 00

### ➤ Monaco Tourist and Convention Authority

For further information about our destination, come and see the hostesses at the Monaco Tourist and Convention Authority and at the different information desks in the Principality.

*Direction du Tourisme et des Congrès*  
2a, Boulevard des Moulins  
98030 MONACO  
+377 92 16 61 16

### ➤ Emergency Services

European emergency services:  
112

Firefighters:  
18 or +377 93 30 19 45

Police:  
17 or +377 93 15 30 15

Duty doctors and chemists:  
116 117

**Princess Grace Hospital:**  
+377 97 98 99 00

Poison centre in Marseilles:  
+33 4 91 75 25 25

➤ Disabled toilets, pavements, lifts, etc. Download the map from:

[http://service-public-particuliers.gouv.mc/Transports-et-voyage/Accessibilite/Personnes-a-mobilite-reduite/Plan-d-accessibilite-pour-les-personnes-a-mobilite-reduite#eztoc118944\\_2](http://service-public-particuliers.gouv.mc/Transports-et-voyage/Accessibilite/Personnes-a-mobilite-reduite/Plan-d-accessibilite-pour-les-personnes-a-mobilite-reduite#eztoc118944_2)



**Location of defibrillators:**

- Saint Léon bend opposite Le Périgord
- Corner of Place des Moulins opposite the Marseillaise de Crédit
- Avenue Princesse Charlotte opposite Prince's Tea
- Boulevard du Jardin Exotique in front of the bus depot
- Avenue Princesse Alice on the corner by ZARA
- Avenue des Spélugues at the entrance to the Sun Casino
- Avenue Princesse Grace in front of the Sûreté Publique station
- Avenue Princesse Grace in front of the Grimaldi Forum Monaco
- Quai des Etats-Unis, by the sea
- Place Sainte Dévote by the bus stop
- Quai Albert 1er above the Mierzuk centre
- Quai Jean-Charles Rey by the Port car park
- Esplanade de Carrefour by the Morisse column
- Place d'Armes in front of the Sûreté Publique station
- Square Lamarck in front of the Sûreté Publique station
- New sea wall
- Monte-Carlo Country Club
- Place de la Visitation in front of the Sûreté Publique station
- Place du Palais
- Princess Grace Theatre
- Auditorium Rainier III
- Railway station
- Les Pêcheurs car park, in front of the bar
- Boulevard Louis II tunnel, in front of the disabled lift
- Police station at the Casino
- Inside the Oceanographic Museum



The Monaco Tourist and Convention Authority and its partners  
hope that you will find this information useful.

Please ask our hostesses for any further information  
you may require.

**Enjoy your trip to Monaco!**

Direction du  
Tourisme et des  
Congrès

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**monaco.**  
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